

AZV inaugurates its offices in San Nicolas *pg 3*



Exhibit dedicated to WWII opens at the Aruba National Archives *pg 4*

CATA delegates enjoy a whirlwind of entertainment and information during CATA 2010 *pg 5*

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Friday, March 19, 2010

THE MORNING NEWS

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Caya G. F. Betico Croes 111 - Tel: 588-9517 - Fax: 588-9518 - E-mail: themorningnewsaruba@gmail.com

Undaunted, islanders brave steady showers to celebrate their national day



Mary Wever-Lacle and Guzman Croes

Grey skies and constant drizzles did not dampen the spirit of the day as Arubans gathered at Plaza Betico Croes in Oranjestad yesterday morning to commemorate "Status Aparte," their right to autonomous rule within the Dutch Kingdom, independent from the Netherlands Antilles.

The day began with an early morning observance at the March 18 Monument on L.G. Smith Boulevard for the first time in eight years. There stands a statue of Albert "Shon A" Eman, son of Henny Eman founder of the AVP political party and one of those who initiated the movement for autonomy. He was part of the delegation at the first Dutch Roundtable Conference on March 18, 1948, where the petition for Status Aparte was first presented.

All of Aruba's ministers with their spouses were present for the brief early morning protocol event, led by Prime Minister Mike Eman, son of "Shon" Eman, and the Governor of Aruba, Fredis Refunjol. Special guests included the Governor of Curacao, Fritz Goedgedrag and his wife along with the Prime Minister of the Netherlands Antilles, Emily

Saïdy de Jongh-Elhage. A special seat was reserved for Juan Chabaya (Padu) Lampe, co-composer of Aruba's national anthem, "Aruba Dushi Terra," and Guzman Croes, one of the original signatories of the petition for autonomy.

Mr. Guzman was joined by Mary Wever-Lacle, Director of the Foundation for March 18, in placing a ceremonial wreath before the memorial statue. Also placing wreaths were Prime Minister Eman with Secretary to the Cabinet of Ministers, Nicole Hoevertsz, on behalf of the Aruban Government. Mrs. Rina Gonzales and Rene Herde place a wreath on behalf of the AVP party, and Valerie and Rebecca Eman for the Eman family. Mrs. Wever Lacle also made the official address to the gathering, emphasizing the holiday is a time to put aside all political differences and celebrated a united National Day and Status Aparte. March 18 is popularly known as "Himno y Bandera" - Anthem and Flag Day, as it was on that date in 1976 that Aruba's national anthem and flag were officially unveiled.

The morning of official celebration finished at the Plaza Betico Croes, where scores of



Arubans clad in rain ponchos and huddled under umbrellas watched the ritual raising of the flag by Scouting Aruba. A patriotic entertainment program featured local musical groups Orkestra Harmonica Arubano and De Trupialan; youth choral group Justin Flores performed a vocal medley of native songs.

Following tradition, addressing the assembly was Minister of Social Affairs, Culture and Infrastructure, Michelle Hooybar-Winklaar and Prime Minister Mike

Eman, who made an untraditional entrance on foot with his wife Doina, so as to personally greet many who braved the

foul weather to observe the special day and congratulate them on their Dia Nacional.

For more photos see pg 9

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Obama signs \$17.6 billion jobs bill

WASHINGTON – President Barack Obama signed into law a \$17.6 billion jobs bill yesterday and sounded an optimistic note about the U.S. economy, saying it may soon begin adding jobs instead of losing them.

Obama made the comment in the White House Rose Garden as he put his name on legislation that includes a

number of incentives aimed at helping small businesses recover from the worst recession since the Great Depression.

Obama is under pressure to reduce a 9.7 percent jobless rate that has remained stubbornly high despite a \$787 billion economic stimulus bill that he and his Democrats pushed through the U.S. Congress in February 2009.

KLM wants to offer bio-fuel flights from 2011

AMSTERDAM, The Netherlands - Dutch airline operator KLM, part of Franco-Dutch Air France-KLM said yesterday it wanted to make commercial flights which use biofuel from 2011.

Last November, during a 1.5 hour KLM flight above the Netherlands, one engine of a Boeing 747 ran on a mixture of 50 percent sustainable biofuel and 50 percent on traditional kerosene. The other three engines ran on 100 percent normal kerosene.

"We have proven it is possible," said a KLM spokeswoman.

The exact date for launching commercial flights which use biofuels would depend on developments in the industry, such as suppliers and certification, the spokeswoman said.

She did not know to what degree commercial flights would use biofuels but said that test flights had taken place where all four engines used 100 percent biofuels.

KLM Chief Executive Peter Hartman said in November the biofuel used on the flight reduced CO2 emissions by up to

80 percent compared to conventional kerosene.

Aircraft account for an estimated 2-4 percent of global carbon dioxide (CO2) emissions, which scientists say could cause global temperatures to rise, triggering widespread disease, famine, flooding and drought.

Experts say global aviation emissions could reach 2.4 billion tons in 2050, which would be 15-20 percent of all CO2 permitted under a global agreement and a nearly four-fold increase on current levels

Donors plan to put up \$3.8 billion for Haiti rebuilding

SANTO DOMINGO, The Dominican Republic – International donors are aiming to provide \$3.8 billion over 18 months to help Haiti rebuild after its January 12 earthquake, according to officials and experts preparing a high-level donors conference.

The initial target figure came in a statement released after a two-day meeting in Dominican Republic of representatives of the Haitian government, donor nations, multilat-

AMSTERDAM, The Netherlands – A Holocaust survivor who says she met Anne Frank in a Nazi concentration camp is standing by her story in the face of skepticism from historians, filmmakers and a childhood friend of the diarist.

Berthe Meijer, 71, claims in a memoir to be published in Dutch this month that while she was in Bergen Belsen as a 6-year-old, she remembers the severely ill Frank trying to cheer up some of the children at the camp by telling them fairy tales.

"On its face, it seems too good to be true," said David Barnouw of the Netherlands Institute for War Documentation, who has studied Frank for three decades and edited the definitive scholarly publication of her diary.

He said his primary objections to Meijer's story are that Anne would probably have been too weak from hunger and illness to tell stories shortly before her death in March 1945, and it would be an amazing coincidence that Meijer would have a memory about someone who only be-



Berthe Meijer

came well known many years later.

"But you never know," he said. "I don't dare to judge."

Anne Frank became one of the most prominent victims of the Holocaust when the diary she kept for two years while in hiding from the Nazis in Amsterdam was found after the war and published. Frank died in a 1945 typhus epidemic at Bergen Belsen, but the exact date is unknown.

Meijer yesterday rejected criticism from Hannah Pick-Goslar, a friend of Anne

Frank's who saw her at Bergen Belsen and said she was in no condition to tell stories; and from Willy Lindwer, a filmmaker who said he did not include Meijer in his Emmy award winning 1988 documentary about Anne Frank because her testimony was too vague.

Meijer's memoir, "Life After Anne Frank," focuses on how the early trauma of the camp affected Meijer's later life, and "what war does to a human life." It describes the alleged meeting with Frank in an early chapter.

eral lenders, U.N. agencies and humanitarian groups.

The preparatory meeting, ahead of a scheduled March 31 donors conference in New York, set out the broad outlines of a reconstruction strategy for the Caribbean nation whose economy and infrastructure were decimated by the quake.

The government of Haiti, the poorest state in the Western Hemisphere, says at least 222,570 people and possibly more than 300,000 were killed in what some experts are calling the deadliest natural disaster of modern times.

"Donors are committing to provide \$3.8 billion to finance

the reconstruction and recovery of Haiti's priority needs, over a period of 18 months, as indicated in the Post-Disaster Needs Assessment (PDNA)," said the statement from the joint chairmen of the Santo Domingo experts' meeting.

Dominican Republic President Leonel Fernandez and Haitian Prime Minister Jean-Max Bellerive chaired the two days of discussions that brought together 40 nations and institutions.

The World Bank's Director for the Caribbean, Yvonne Tsikata, described \$3.8 billion as an "initial figure" contained in the PDNA document draft.

"It's a short-term target. It's work in progress," she said in a conference call with reporters. She said concrete commitments by donors would be made at the one-day "pledging conference" in New York on March 31.

The Santo Domingo meeting also announced a planned commitment to give Haiti's government an additional \$350 million in direct budgetary support for 2010.

The World Bank's Board yesterday approved a \$65 million grant to Haiti for restoring key central bank and finance ministry functions, and essential infrastructure.

U.S., Russia clash openly over Iran nuclear plant

MOSCOW, Russia – U.S. Secretary of State Hillary Rodham Clinton and her Russian counterpart clashed openly yesterday over the planned launch this summer of Iran's first, Russian-built nuclear power plant, highlighting a split in views over how to steer Iran away from nuclear weapons.

Clinton did not criticize the long-delayed project directly but said the Obama administration is opposed to the timing of the nuclear plant's startup. Russian Prime Minister

Vladimir Putin announced the summer startup plans yesterday, shortly after Clinton arrived for a two-day visit.

The nuclear plant is an example of Russian-Iranian economic ties and technical cooperation, on terms that have long made the United States uncomfortable. It was a background issue during a difficult period in U.S.-Russian relations last year and in the ongoing U.S.-led effort to bring new United Nations economic penalties against Iran over suspicions that part of its nuclear

program is aimed at building a bomb.

Putin's announcement adds another complication to the already long list of issues on which Clinton and her Russian hosts don't agree. Clinton is seeing Putin today.

At a news conference with Foreign Minister Sergey Lavrov after talks on a wide range of issues, Clinton told reporters that Iran, while entitled to the peaceful use of nuclear energy, must reassure the world that it is not trying to build a nuclear weapon.

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Minister Otmar Oduber rolls up his sleeves to work on the welfare of the fishermen



Last Monday, Minister Otmar Oduber made a tour to the different fishermen's wharfs on the island, to gain a better view on how to improve the conditions of our fishermen. At present there are some 120 fishermen who fish for a living, while another 600 fish as a hobby. Minister Oduber's vision is to achieve among other, a union between them, with as main object optimizing the wharfs' conditions in all districts of the island.

With that in mind, the minister visited the wharfs at Rogers Beach, Zeewijk and Savaneta, while the others will get his attention in a later visit. Minister Oduber was accompanied by members of the board of the Hadicurari Foundation and the Department of Agriculture, Husbandry and Fisheries, where he got an ample explanation on the different activities taking place on the wharf.

Besides that the minister talked to various fishermen present where they presented him with their ideas, worries and thoughts on how to improve their situation.

It is the intention of Minister Oduber to put the foundation in charge of the different wharfs on Aruba and give them the necessary attention so the fishermen can call on them at any time. By uniting the fishermen and giving the wharfs the much needed attention this will be the first step to achieve this.



AZV inaugurates its offices in San Nicolas



SAN NICOLAS — On Wednesday morning, the AZV, Aruba's medical insurance company, inaugurated its offices in the Instituto Medico San Nicolas. Minister of Health Richard Visser effected the inauguration in presence of personnel and invited guests.

All AZV services, inscription for children and adults, inscription prolongation, change of personal data, change of house doctor, drugstore and/or dentist will be processed there. Also petitions for any service

and/or information must be done there. All services normally rendered at the AZV offices at Seroe Blanco will be given at the San Nicolas offices.

The opening hours are from Monday to Friday, from 7:30 a.m. to noon and 1:00 p.m. to 4:00 p.m. Clients can also call at tel. 584-0030 or check the website www.azv.aw

AZV personnel kindly requested the general public to make use of the AZV offices in San Nicolas.

Dutch territories offer Haitians temporary asylum

PHILIPSBURG, St. Maarten — Dutch territories in the Caribbean are offering illegal Haitian migrants temporary asylum because of the earthquake that devastated the capital region of their native country.

Program coordinator Tiara Haselhof says 367 Haitians in St. Maarten and 172 in Curaçao have signed up so far to re-

ceive temporary immunity from deportation. The immunity expires Dec. 31.

Haselhof said the Haitians have been warned to follow all local laws. Any who provide false information or use false passports will be sent home.

Those who registered are not barred from working but they will not be able to travel outside the territories.

Venezuela won't pull out of Curaçao refinery

CARACAS, Venezuela -- Venezuela's energy minister says the government of President Hugo Chavez is not planning to give up operational control of an oil refinery on Curaçao.

Rafael Ramirez says Venezuela has not abandoned its commitment to its lease of the Isla refinery.

In January, Chavez warned that his government could reconsider its involvement with the refinery.

His comments came after Venezuela protested that Curaçao allows U.S. military counter-drug flights to operate from its airstrips.

The Isla refinery has suf-

fered a series of recent shut-downs due to power outages.

Ramirez said Wednesday he wasn't sure when the refinery's operations would return to normal.

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Exhibit dedicated to WWII opens at the Aruba National Archives



Tuesday evening, March 16, Aruba's Prime Minister Mike Eman and numerous island dignitaries were proud to pay tribute to those of the community who served during WWII here and abroad during the opening of a transient exposition at the Aruba National Archives, ANA, located across from the Reina Beatrix International Airport. They were officially welcomed by ANA Director Raymond Hernandez.

Project leaders Edric Croes and Rosa Arends were inspired by historian Esther Captein of Holland, who visited the ANA in 2008 and suggested the program. Esther has written a book regarding the actions during WWII in the Dutch colonies, including Aruba, Curacao Indonesia and Suriname, which she is donating to Aruba's library.



Aruba saw a surprising amount of action during WWII, as the Lago Refinery was the principal supplier of fuel for the Allies. German submarines were continually circling the island attempting to sink tankers and blow up the refinery. A German U-Boat did succeed in sinking the Oranjestad and Peder-nales tankers in February of 1942, and this is detailed in the new exhibit.

Aside from revealing the action of Aruba alone, the exposition examines the role of individuals from Curaçao and



Bonaire in the war; their story unfolds in a combination of archival material and multi-media exhibits.

An important part of the collection expounds on the role of Aruba's Schutterij or "Schutterman" in Papiamentu; a special force of island men named for the marksmen who were the voluntary city guard of Holland for centuries. They had the assignment of protecting Aruba's power station, water plant, refinery and areas where saboteurs might come to shore. Ten specially commissioned commemorative plates were awarded to those that served, or their surviving relatives, who attended the opening ceremonies. The modern day Royal Dutch Marine Corps was represented by the Commandant of their station in Savaneta, Lieutenant-Colonel Edwin Hofma.

The ceremonies included a dramatic presentation of persecution under the Nazi regime, orchestrated by Jhon Freddy Montoya of the Department of Culture and performed by dramatist Lainie Jeandor and troupe, which marked the official opening of the doors and entrance to the ANA.

Mistress of Ceremonies Shakira Croes explained the current exhibition is three phases of the entire program

dedicated to the island experience during WWII; in 2011 the information acquired will be published.

ANA is open daily five days a week and one Sunday of every month. For more information about opening hours and entrance fees call 583-4880. The current exhibit is possible through funding from the Prins Bernhard Cultuurfonds NA/A, Cede Aruba. UNOCA, the Royal Dutch Marines of Aruba, Mondriaan Stichting, the Samenwerkende (Cooperative) Fund and the Marine Museum of Heraldry.

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Get together at MooMba for Colegio Arubano's 50th anniversary



Colegio Arubano, the island's only HAVO/VWO High School, is celebrating a wonderful anniversary: 50 years! Fifty reasons for a great party, thought Menno Conijn, manager of MooMba Beach, and he organized an informal get-together, which will take place on Saturday, March 27.

A come-as-u-are happening with white as the dress code, so everyone will recognize each other as former students, teachers or drop-outs. The music will of course be from years past: the sixties, seventies, eighties and nineties will be relived through songs that hold a thousand memories.

As many alumnae of Colegio Arubano have re-

turned to their native island after years of studying abroad, expectations are running high for a major turn-out on the 27th.

Invitations have been extended via Facebook, Twitter, the internet and via word of mouth. MooMba's DJ has already been flooded with requests for hit songs from decades past. He will be playing the best of the best, as requested by the ex-Colegio students.

"This should be a super, mega event," predicts Menno, who loves a great party himself. "No entry fee, just show up and have fun."

The get-together at MooMba Beach starts at 9 pm. Wear white.

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Annual CATA conference starts off in Westin's Ballroom

CATA delegates enjoy a whirlwind of entertainment and information during Conferencia Annual di Turismo di Aruba 2010 (CATA)



The more than 80 Latin and Central American travel professionals who have traveled to Aruba for the 21st annual CATA have been caught up in days of exciting events with a serious purpose. Aside from the time spent networking, all of the lunches, dinners, workshops and marketplace allow them to judge Aruba's tourist product and how it improves each year.



Aruba's Minister of Tourism, Transport and Labor, Otmar Oduber, officially greeted the delegates at the opening gala on Tuesday evening, staged by De Palm DMS at the Westin Aruba Resort in Palm Beach.



On Wednesday morning, the opening assembly at the Holiday Inn Sunspree Resort dealt with the "nuts and bolts" of such conferences; representatives of Aruba's tourism entities explained in detail what changes and improvements have taken place on the island and how Aruba is looking towards the future and sustainable tourism. Gina Lopez-Gnecco officially greeted delegates on behalf of the Aruba Tourism Authority and Sue-Ann Mijer-Lee on behalf of the Aruba Hotel and Tourism Association.



ATA's Miriam Dabian, Sales and Marketing Director for Latin America detailed Aruba's relationship as a tourist destination for nations of the southern continent, which accounts for 17% of the island's visitors, annually.



Manual Caro of Imagen Digital of Colombia addressed the gathering regarding "Social Networks as a Tool for Marketing Destinations." The keynote speaker for CATA 2010 was Carlos Saúl Rodriguez with "The Power of a Positive Attitude," enabling expansion of knowledge and achieving one's goals.

Tour operators from Latin America, on the island for a hectic, 3-day tourism conference called CATA, had a blast last Tuesday evening in the fabulously decorated ballroom of the Westin Resort. Welcomed by Minister of Tourism Otmar Oduber, the group enjoyed a cocktail party with a musical salute by guitarist

Ernesto Ferro and a super dinner with musical entertainment courtesy of singer Jairo and his band.

The ballroom had undergone a major change: subtle lighting, white feathers, giant candelabras and white linen made a perfect, welcoming gesture towards the important guests.

ATA and AHATA staff felt a humorous start to the morning would help the delegates wake up and focus. Much to their surprise, the Holiday Inn soccer team invaded the meeting at its commencement, performing some very impressive moves with the pelota, evoking amazement and amusement and

achieving its intended purpose.

Delegates completed their informative day with an AHATA Associate Member Marketplace in the Occidental Grand Resort, where they became acquainted with the many activities and amenities Aruba has to offer outside of the hotels.

Science/Tech

Statoil scores acreage in Gulf of Mexico

STAVENGER, Norway -- Norwegian energy giant Statoil announced it was the highest bidder on 21 leases to explore for hydrocarbons in the U.S. waters of the Gulf of Mexico.

The bids make Statoil one of the largest lease holders in the deep waters of the Gulf of Mexico. Helen Butcher, the manager for the Gulf of Mexico portfolio for Statoil, said the lease acquisition is an important part of her company's efforts to expand its global footprint.

"This year we have concentrated our efforts in and around areas where we already have promising exploration leads and prospects,"

Google working with Intel, Sony on TV project: report

SAN FRANCISCO -- Google Inc is working with Intel Corp and Sony Corp to develop a new class of Internet-enabled televisions and set top boxes, according to a media report.

The effort, known as Google TV, has been under way for several months and is based on Google's Android

she adds.

Statoil had lackluster performance in recent discoveries associated with the Norwegian continental shelf and the North Sea. The Gulf of Mexico, meanwhile, is one of the most promising offshore resource basins in the world.

British supermajor BP in 2009 said its "giant" Tiber oil discovery in the deep waters of the Gulf of Mexico could hold as much as 3 billion barrels of oil. International explorers say offshore exploration could ease U.S. dependence on foreign oil.

Statoil said final approval on its leases could take up to 90 days.

software which is currently available in certain smartphones, according to a report in the New York Times on Wednesday citing people with knowledge of the project.

Logitech International is also involved and is developing peripheral devices, such as a tiny keyboard.

Helpful Dads can hurt Mom's self-esteem

Dads are helping out with childrearing more and more these days. The result can be both a boon and a letdown for super-moms, whose self-competence can take a hit when paired with husbands who are savvy caregivers, new research finds.

The findings reveal the fallout as women have entered the workplace in droves over recent decades, many of them leaving young children at home. One result is mothers have less time for caregiving. Past studies have shown working moms are torn between full-time careers and stay-at-home duties. And lately more diligent dads are helping out with the diaper-changing and other household duties.

But since mothers pride themselves on being just that - moms - their self-esteem can take a blow.

"While mothers are encouraged to join the workforce, socially constructed ideals of motherhood requires mothers to be primary caregivers," said study researcher Takayuki Sasaki of the Osaka University of Commerce in Japan. "Thus, employed mothers may feel pressured to do more caregiving to ensure the survival

of their feelings of self-competence, even though they may wish for fathers' increased participation to lessen their burden."

While some couples have been able to find a division of childcare that suits them, many struggle to hit the right balance.

Sasaki also stressed, "We by no means assert that women should take the blame for the inequality in division of child care. Some fathers vigorously resist collaborative effort in child care in favor of beliefs in traditional fathers' roles."

Parenting skills

Sasaki and colleagues from the University of Texas at Austin interviewed 78 dual-earner couples with 8-month-old infants in their homes in the United States. Interview questions measured two types of self-esteem - self-liking and self-competence (the degree to which individuals feel capable of and effective in accomplishing goals).

During home visits, parents were also asked to talk about their spouse's strengths and weaknesses. Coders then watched video recordings of

Porsche takes top spot in dependability study



NEW YORK -- Porsche shot to the top of a closely watched study of long-term vehicle dependability, overtaking U.S. and Japanese rivals, J.D. Power and Associates said Thursday.

The German sports car brand took the No. 1 spot in the annual study, which gave it ninth place last year. Lincoln came in second, while Buick and Lexus tied for third. Mercury and Toyota rounded out the top five.

The annual study measures problems experienced by the original owners of vehicles after three years. In last year's study, Buick and Jaguar tied for fewest problems, but both brands lost ground to rivals this year.

U.S. brands had a particu-

larly strong showing this year, reflecting concerted efforts in Detroit to catch up to foreign rivals who have traditionally dominated the quality study, said David Sargent, J.D. Power's vice president for vehicle research.

Top-five finishers Lincoln and Mercury are owned by Ford Motor Co., while Buick is owned by General Motors Co. The Cadillac DTS full-sized sedan, which is sold by GM, was named highest-quality car overall.

"The domestics are moving a little bit faster catching up," Sargent said.

Toyota, whose reputation has come under scrutiny in the face of massive recalls, fell two spots from its third-place standing last year. While aver-

age vehicle quality across the industry improved from last year's survey, Toyota's quality score fell slightly.

However, the Japanese nameplate still swept four segment awards, more than any other brand, while its luxury Lexus brand took one segment award. Japanese rival Honda took three awards, while Ford Motor Co.'s Lincoln brand took two.

The industry average was 155 problems per 100 vehicles, J.D. Power said, or less than two problems per vehicle. That's a decline from 167 problems per 100 vehicles last year.

Sargent said that's roughly in line with the industry's historical rate of quality improvement.

"If you don't improve by 5 to 10 percent every year, you will get left behind," he said.

Chrysler Group LLC was the only Detroit automaker without any marques above the industry average. Land Rover owners reported the most problems among the 36 brands surveyed by J.D. Power.



the discussions and rated each participant's perceptions of his or her spouse's parenting, which included the spouse's emotional engagement (kissing and hugging the baby), physical involvement (such as feeding and diaper changing), responsibility and overall parenting skills. Total scores ranged from the worst score of 4 to the highest of 28.

As the researchers expected, women spent nearly three times as much time taking care of their babies by themselves compared with their husbands.

And husbands took notice, giving stellar parenting marks to their wives. For instance, on average husbands gave their wives nearly a 24 for parenting skills, while the average score

wives gave to husbands was around 21, a statistically significant difference.

Even so, wives often said their husbands were good parents.

"Many wives would say care-giving by their husbands is helpful but at the same time wives give their husbands negative feedback because their husbands' care-giving style is different from their own," Sasaki said. "For example, a wife appreciates when her husband feeds their baby but also tells her husband that after all it makes more work because the way the husband feeds is messy."

"Husbands are often told by their wives that they are good parents when they are involved in care-giving that their wives normally do, such as feeding, changing diapers, and soothing," Sasaki said. "In contrast, husbands do not tell their wives that they are good parents even when their wives exhibit such behavior probably because it is taken for granted."

Mom's self-esteem

When mothers perceived fathers to be competent caregivers, the more time those

dads spent solo with children, the lower was mom's self-competence rating. But when mothers considered spouses relatively incompetent caregivers, increased father-only time with kids was unrelated to mothers' self-competence.

As for why a mother's self-competence took a hit from perfect dads, Sasaki suggests pressure to keep up with societal norms plays a role.

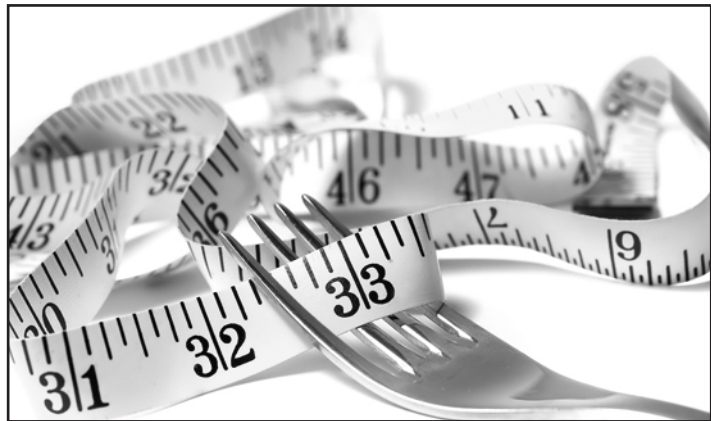
"In American society, women are expected to take a main role in parenting despite increasingly egalitarian sex roles," Sasaki said. "Thus, we believe that employed mothers suffer from self-competence losses when their husbands are involved and skillful because those mothers may consider that it is a failure to fulfill cultural expectations."

Sasaki added, "Husbands do not suffer from self-competence losses even when their wives are involved and skillful because that is consistent with cultural expectations."

The results don't suggest a stay-at-home mom is the answer. For one, the study showed work hours can boost a woman's perception of self-competence. And a father's care-giving was linked with a mother's marital satisfaction.

HEALTH

Low-fat diet does little to alter cholesterol levels



But researcher adds it's still a good choice for losing weight

The latest report from a massive trial to determine the health value of a low-fat diet comes to the unexciting conclusion that it is probably not bad for your heart.

Such an eating regimen had almost no effect on cholesterol levels, according to a report in the April issue of the American Journal of Clinical Nutrition on the Women's Health Initiative (WHI), a national trial that gave some women intensive training and education on eating a low-fat diet and compared their health with women who didn't change their eating habits.

The best that study author Barbara V. Howard, a professor of medicine at Georgetown University, could say for a low-fat diet was that it didn't make things worse as far as affecting blood levels of good fats, such as HDL

cholesterol, and bad fats, such as triglycerides.

"This diet did not raise triglycerides and didn't lower HDL cholesterol," Howard said. "It didn't do any of the adverse things that high-fat people have claimed."

In addition, women who lowered intake of specific kinds of fats -- saturated fats and trans fatty acids -- did have lower a lower rate of heart disease, she said.

And eating a low-fat diet might make it easier to lose weight, which is important because of the current American epidemic of obesity, Howard noted.

"If you start out eating too many calories and you cut fat, that automatically makes you eat a higher-carbohydrate diet," she said. "If a person wants to reduce weight and is comfortable with cutting fat, that is a good strategy."

Begun in 1991, the WHI was initially designed to de-

termine the effect of a low-fat diet on cancer risk, with heart disease reduction a secondary goal. In 2006, the first results showed there was no effect on cancer risk.

In the trial, women who followed the low-fat regimen consumed 29.3 percent of their calories as fat, compared with 37 percent of those in the comparison group. But the low-fat diet did not affect blood triglyceride, HDL cholesterol or other lipoprotein levels.

"The main message here is that if you want to lose weight and cut fat to do it, you do not have adverse effects," Howard said. Though the choice of diet can be influenced by many factors, including cultural background, "in my opinion, if you have to cut calories to lose weight, it is easier to cut fat because fat is denser," she said.

So a recommended diet would "focus on vegetables, grains, healthy products that are not calorie-dense and that can fill you up more easily," she said.

But Howard's advice to switch to a high-carbohydrate diet is disputed by Jeff. S. Volek, an associate professor of kinesiology at the University of Connecticut and an expert in the field.

The study "does hint at the fact that people with insulin resistance, as shown by high triglycerides or being diabetic, tend to do worse when carbohydrates are increased," Volek said. "Decreasing carbohydrates represents the preferred approach for people with insulin resistance."

In the end, Volek said, "it's difficult to make any firm conclusions from a study like Women's Health Initiative because, after years of being prescribed a diet, very few people are actually on the diet." Self-reports of food intake "are notoriously inaccurate," he said, and "even though the number of subjects is large, the noise is even greater so that these studies contribute very little to actual knowledge on the interaction of diet and health."

"There is a distinct difference," he pointed out, "in studying what happens when you assign a diet vs. what happens when people actually follow a diet."

Implant shows promise for hard-to-treat epilepsy

Pacemaker-like device cut frequency of seizures in study participants

Deep-brain electrical stimulation reduced the frequency of epileptic seizures in people who had not responded to other treatments, a new study has found.

The electrical stimulation came from a pacemaker-like device that was implanted under the skin of the participants' chest wall. Electrical leads from the device ran under the skin to the neck, behind the ear and through the skull to the thalamus, a "relay station" deep within the brain. The device delivers measured and timed electrical impulses to the brain.

Led by Stanford University researchers, the study included 110 adults with partial-onset epilepsy. At the start of the study, they typically had 20 seizures a month.

With the deep-brain stimulation, seizure frequency de-

creased by 40 percent in the first three months after the device was implanted, the study found. After about two years, seizures had decreased 56 percent, on average.

Adverse effects reported by the participants included infection at the site of implantation, misplaced electrical leads that had to be repositioned and tingling sensations.

The findings were published online March 18 in *Epilepsia*.

The study was sponsored by Medtronic, which makes the device, and study co-author Dr. Jaimie Henderson, an associate professor of neurosurgery at Stanford, reported receiving consulting fees from the company.

The U.S. Food and Drug Administration is considering whether to approve the device for treatment of epilepsy in people who don't respond to other therapies.

Anticipation may be a factor in diabetes

DURHAM, N.C.-- U.S. researchers say mouth-watering meal anticipation may be a factor in diabetes risk.

Researchers at Duke University in Durham, N.C., investigated the genetics behind type 2 diabetes and the mechanism of the parasympathetic nervous system, which triggers salivation -- and insulin production -- in those smelling or looking forward to a meal.

"We think this parasympathetic response is potentially important in type 2 diabetes," medical investigator Vann Bennett said in a statement. "Our study showed there is a novel mutation in the gene encoding

ankyrin-B, which increases the risk of type 2 diabetes. This happens through an impairment of the insulin secretion that is added by the parasympathetic nervous system."

In the study, published in *Science Signaling*, the researchers looked at 524 people with diabetes and 498 non-diabetic controls and found one of the three mutations of ankyrin-B associated with type 2 diabetes in about 1 percent of Caucasian and Hispanic individuals.

Bennett said the small fraction found implies a large reservoir of genes linked to type 2 diabetes has yet to be identified.

Cardiac rehab helps heart stent survival

ROCHESTER, Minn. -- Cardiac rehabilitation is linked with reduced mortality rates for patients who have had stents to treat coronary blockages, U.S. researchers found.

Dr. Randal Thomas, a preventive cardiologist at Mayo Clinic in Rochester, Minn., found patients who had coronary angioplasty -- stent placement, also known as percutaneous coronary intervention -- and participated afterward in a cardiac rehabilitation program had a 45 percent to 47 percent de-

crease in mortality compared to those who did not participate in a cardiac rehabilitation program.

"Patients need to know that once they've had a coronary artery stent placed, they are not cured," Thomas said in a statement. "Participation in a cardiac rehabilitation program will improve their health outcomes and quality of life."

The findings were presented at the annual meeting of the American College of Cardiology in Atlanta.

Tip: Dress Your Salad for Success



Suggestions for healthier fare

A salad can be a delicious and healthy meal or side item. But even a salad can become laden with calories with just a few toppings and dressings.

Make sure your salad is packed with lots of fresh vegetables, preferably darker ones, advises the U.S. National Library of Medicine. The darker veggies are generally healthier.

Avoid salads that contain mayonnaise, and don't add oils or dressings, the library says. These may be high in fat and add unnecessary calories. Also take it easy on toppings such as croutons, bacon bits and cheese.

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Loyal Marriott Ocean Club visitors honored as Distinguished Guests of Aruba



Recently, at the Marriott Ocean Club Aruba Tourism Authority honored a group of loyal Aruba visitors.

Mr. Marty and Mrs. Karen Johnson were named Distinguished Visitors of Aruba, The couple, from Illinois, has been vacationing here for 10 consecutive years. "Aruba is very beautiful island with a nice weather, the people are very friendly, it has tremendous restaurants and we enjoy the beauty of Palm Beach," they Johnsons enthusiastically expressed.

Another couple honored as Distinguished Visitors of Aruba was Mr. Jack and Mrs. Ellen Fischman, of New York. They say their first visit to

Aruba was in 2000 and since then they have coming here every year. The reason: our nice weather, excellent restaurants, beautiful beaches and friendly people. The Fischmans were surprisingly happy with the honor bestowed on them. Aruba Tourism liaison Castro Perez handed them a handsome certificate, testimony of our gratitude towards them for choosing Aruba as their favorite vacation destination. Present during the ceremony was Marriott General Manager Corey Guests and Mrs. Gail Mahabeer, executive administration assistant of Marriott Ocean Club.

Aruba's natural secrets documentary premiere, very impressive and touching



On March 14, the premier of the tremendous documentary "Aruba su Secretonan Natural" – Aruba's Natural Secrets opened in the Aruba Cultural Center. Production Director Aldrich Croes presented the documentary as a tribute to our nature and at the same time bringing awareness into our community about the beauty and the importance of maintaining the nature of our country. Assisting Mr. Croes were Mr. Eddy Croes, a professional tour guide who has great knowledge of our nature and Mr. Janny Coffie, a well-known farmer in our community. Their input was fundamental in making the documentary.

Present at this important occasion was Aruba Governor Fredis Refunjol and spouse, President of Parliament Mr. Andy Lee, Mrs. Doina Eman, wife of Prime Minister Mike Eman, Minister of Justice Arthur Dowers, members of the parliament, the press and



invited guests. For one hour, the public enjoyed different parts with images that captivated everyone's heart: the part of dawn on Aruba with our lovely birds; the part of Mr. Eddy Croes with snakes, a little intimidating but still interesting; and the part of Mr. Jany Coffie with rain in our hills and streams was beautiful and unforgettable. The revelation of the night was the triple Natural Bridge and the fall of

our Natural Bridge which impressed everyone. Izaline Caliste singing the song "Awa" – Water was the perfect final for this interesting documentary.

Proceeds of this production go to the "E Brug" foundation, founded a few years ago by Aldrich Croes when he published his book "E Brug," which is much read by the youth

Photos give an impression of the animated gathering.



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PICKLES



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- ACROSS**
- 1 Costa _____
- 5 American _____ (Fox talent-search show)
- 9 _____ Antoinette
- 14 Mideast sultanate
- 15 Opposite of "yep"
- 16 Bad smells
- 17 Share a border with
- 18 Dog pest
- 19 Carries
- 20 Child's party game (2 words)
- 23 Catch a glimpse of
- 24 Some hospital workers (abbr.)
- 25 Fish eggs
- 26 Captain Jean-_____ Picard (Star Trek: The Next Generation role)
- 27 Never been used (hyphenated)
- 32 Stand-up's milieu (2 words)
- 36 Bullring cheer
- 37 Have _____ (nibble; 2 words)
- 38 "_____ in apple" (2 words)
- 39 Rhea Perlman's Cheers character
- 41 "Help!" at sea
- 42 People wonder about him (2 words)
- 44 Most irritable
- 47 Word before a maiden name
- 48 Photographic blowup (abbr.)
- 49 Roth _____ (nest egg)
- 50 Stomach muscles, informally
- 53 Breakfast dish (2 words)
- 57 Find fault with
- 59 Ballerina skirt
- 60 Robe for a Julius Caesar actor
- 61 Brimless Special Forces cap
- 62 Assist a criminal
- 63 Action-movie star Jackie _____
- 64 Transmits _____
- 65 Singer _____ Lovett
- 66 Round of applause
- DOWN**
- 1 Wanders
- 2 Permeate
- 3 Make happen
- 4 One who is opposed
- 5 Earliest childhood
- 6 Barbie and Ken
- 7 International oil group (abbr.)
- 8 First wife of Jacob
- 9 Movement
- 10 Loved
- 11 Goes bad
- 12 Wrath
- 13 Superman's symbol
- 21 Unrefined
- 22 Middle Easterner
- 26 Tennis server's do-over
- 27 Explosion
- 28 Oxidation
- 29 George Wendt's Cheers character
- 30 Jazz singer _____ Fitzgerald
- 31 Move to solid food
- 32 Unfortunate sight at the ski lodge
- 33 Orchestral "tuning fork"
- 34 Young lady
- 35 Small, low islands
- 39 Fatty part of milk
- 40 A vote for
- 42 Become liquid
- 43 On the way (2 words)
- 45 Was full of, with "with"
- 46 City maps, often
- 49 Computer chip maker
- 50 Hello, at a luau
- 51 Started
- 52 Get up from a chair
- 53 Admonish
- 54 And others, in a list (abbr., 2 words)
- 55 Red gemstone
- 56 Do artistic work with acid
- 57 Ammo for some air rifles
- 58 Golfer _____ Trevino

Now Playing

#60

59 Crib Notes

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March 13 - March 19
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Sudoku

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Complete the grid so that every row and every column contains the numbers 1 through 9
A number is Never repeated in a row or column.
In addition every rectangle must contain the numbers 1 through 9

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CLASSIFIEDS

Fed officials warn against loss of bank oversight

WASHINGTON – Four top Federal Reserve officials urged Congress yesterday not to strip the U.S. central bank of the authority to supervise small banks, saying they would lose an important finger on the pulse of the economy that helps them guide monetary policy.

A financial regulatory overhaul bill unveiled in the U.S. Senate this week would diminish the bank powers of the 12 regional Fed districts and leave some with no banks to oversee.

Three of the officials addressing a bankers' group yesterday were presidents of regional Federal Reserve banks.

"It is a travesty," Thomas Hoenig, president of the Kansas City Federal Reserve Bank, told the group. "It is ab-

solutely disenfranchising our relationship with a very important, hugely important, sector outside of Wall Street across the United States."

"It makes the central bank the central bank of Wall Street and not of the United States," he said.

Hoenig, along with president of the Cleveland Federal Reserve Bank, Sandra Pianalto, Richmond Fed chief Jeffrey Lacker, and Fed Governor Elizabeth Duke presented a united front against the proposal at a conference sponsored by the American Bankers Association.

Fed Chairman Ben Bernanke had presented a similar argument to lawmakers on Wednesday.

Jobless claims in U.S. decreased by 5,000 last week

WASHINGTON -- Fewer Americans filed first-time claims for jobless benefits last week for the third consecutive time, a sign the labor market is gradually improving along with the economy.

First-time jobless applications dropped by 5,000 to 457,000 in the week ended March 13, in line with fore-

casts, Labor Department figures showed yesterday in Washington. The number of people receiving unemployment insurance increased, and those getting extended benefits also rose.

Companies are cutting fewer jobs as sales rise and the economy recovers from the deepest recession since the 1930s. A sustained increase in payrolls is needed for consumer spending, which accounts for about 70 percent of the economy, to accelerate.

"Labor-market repair is proceeding at a slow pace," Michael Feroli, an economist at JPMorgan Chase & Co. in New York, said before the report. "We continue to anticipate a return to net job growth in the months ahead."

The four-week moving average of claims, a less volatile measure than the weekly figures, decreased to 471,250 last week from 475,500 the prior week, today's report showed.

Greece will ask for IMF help if EU fails

BRUSSELS, Belgium – Greece warned yesterday that it will be forced to turn to the International Monetary Fund if the EU can't agree to a bailout plan next week that will help reduce its market borrowing rates.

Greece is paying a high

price to sell bonds because investors fear its massive budget gap this year could cause it to default on debt payments. It needs to borrow some euro54 billion (\$74 billion) this year and euro20 billion of that in April and May.

The one key ingredient that forces people to buy from you and ALWAYS makes for satisfied customers!

by Ken Varga



Hi, I am Ken Varga. I want to share with you some of the ideas, strategies, and principles that allowed me to build 35 businesses during my career.

By earnestly applying the ideas, you will learn how you too can build your business to success, while living an unhurried life, filled with family, friends, fun and a relaxed attitude.

When I left off on the last tip, I said I was going to write about how to increase your number of leads, prospects, inquiries, and customers.

In a simple phrase, the way to do this is by, Guaranteeing purchases through Risk Reversal.

I'd like to remind you of a very important fact of life...

Anytime two people come together to transact business, one person is always asking the other to take on or assume more of the risk than the other.

If you are asking your customer to assume the risk of purchasing your product, a lot of them won't do it.

And a lot of your customers

Detroit foresees lower sales in Europe

DETROIT, Michigan -- U.S. automakers said the end of incentive programs for car buyers in Europe will likely lead to a sharp drop in vehicle sales.

Ford Motor Co. is forecasting a monthly sales decline of 30 percent in April, as programs in Europe that provide subsidies for car buyers trading

won't begin to buy at anywhere close to their capacity to purchase because they don't want to take on all of the risk.

I'm sure you've felt the same way whenever you've purchased something.

Here's the solution.

The key is to recognize that if you can reduce or eliminate the burden of risk for your customer in the transaction, a lot more people will buy from you and they will buy a lot more; they will also buy a lot more often.

When you reduce or eliminate the risk, the customer will feel that you believe in your product and are willing to take the risk if anything ever goes wrong.

As you look at guaranteeing purchases and reversing the risk, understand this fact. What you are really doing is lowering the hurdle, reducing the barrier of entry, making it more advantageous to buy from you, than not to buy.

In other words, customers will purchase more readily when you remove the risk factor of the purchase.

At my seminars, when I introduce the concept of risk reversal or guaranteeing the purchase, most people shudder and they become fearful, and they say, "I can't guarantee a purchase. What happens if everyone I sell to asks for a refund?"

I remind them of two very important factors.

The first is that I presume the product or service you sell

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is a quality one.

It provides value. It provides a benefit. It creates an advantage and a very substantial result for the customer you deal with.

Am I right?

Of course I'm right, or they wouldn't be buying from you in the first place.

By guaranteeing the purchase and reversing the risk, you actually help your customer appreciate at a far higher level the results and benefits your product provides for them, than they probably do now.

Win win for everyone in the transaction.

For example, if you have an opportunity, read my guarantee at my web site.

My guarantee is a lifetime guarantee, no questions asked.

Out of the thousands of books I've sold, I've only been asked about twice for a refund.

Most people are honest and will not take advantage of you.

With the few that do, it doesn't really make a difference to your overall profit. And the amount of sales you get by removing the risk for your customers are far greater than what you lose from refunds.

I'm sure you can think of other ways beside guarantees to reduce the customers' risk in purchasing your product or service.

This should do it for this tip. In the next Tip, I'm going to cover how to guarantee the purchase and reverse the risk for the customer, without hurting your profits.

See you in the next Tip.

To your success,
Ken Varga
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John and Lisa named Goodwill Ambassadors of Aruba



Recently, the Aruba Tourism Authority named Mr. John and Mrs. Lisa Collins, from Massachusetts, Goodwill Ambassadors of Aruba. The Collins' first visit to Aruba was in 1981 and since then they have been coming here for 28 consecutive years. They consider Aruba their second home. The reason for them coming here year after year is the safety, our friendly people, the sun and to relax with many friends they have here. They were presented with a beautiful certificate by Aruba Tourism Authority liaison Castro Perez, in presence of Mrs. Mislady Fingal, activities coordinator of the Caribbean Palm Village.

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Published Monday thru Saturday

R.E. Yrausquin & Sons with "This Is Now" Easter Sales Event

Buy a car now and start paying end of June!



The campaign "This Is Now" is in full swing and for the closure of the first quarter, Yrausquin & Sons is organizing an Easter Sales event on Saturday, March 27.

Yrausquin & Sons, the auto dealer for Ford and Mitsubishi on the island, a few weeks ago launched a campaign causing an uproar, but on March 27, there's going to be a huge sales event in their showroom, which will start at 9:00 a.m. till 3:00 p.m. on L.G. Smith Boulevard. The Aruba Bank will be present to give on the spot financing, reduced interest, buy now and pay in June 2010 opportunity and a pre-approved credit card worth AF1.5,000. Naturally, there will be music and entertainment for the whole family.

For a limited time (March 15 - March 27, 2010), with every purchase of a Ford or Mitsubishi, Yrausquin & Sons will give away a Blackberry Curve plus a one-year free Digicel subscription. At the same time clients will participate in the Digicel campaign with a chance to win a ticket to go to South Africa for the World Cup 2010, with all expenses paid. Besides that, R.E. Yrausquin &



Sons is also offering with every buy of a Ford or Mitsubishi, one year of free car service and a chance to win the tremendous 2010 Ford Fiesta!

"Being the dealer of such renowned brands like Ford and Mitsubishi, which are one of the safest cars on Aruba, with a guarantee of up to 6 years, hi-tech and trendy, there is no comparison. And now is the

moment with the THIS IS NOW campaign, to come and get your new Ford or Mitsubishi and join the happy family of R.E. Yrausquin & Sons," Christina Yrausquin invites.

The campaign has already started and will end on March 27 with various prizes for the children and clients, all in the Happy Easter ambiance.

Singer Willy Chirino seeks help for cancer-stricken girl

MIAMI, Florida --The mother of a 6-year-old Cuban girl suffering from a rare form of cancer was joined by doctors at Jackson Memorial Hospital and Cuban salsa singer Willy Chirino yesterday to help raise money for her care.

The financial plea comes at

a time when JMHS is in dire financial straits, but those helping to save the life of Laura Mendez say the little girl's medical needs serve as a reminder of the public hospital's crucial role in the community.

The little girl is suffering from a highly aggressive form

of bone cancer called osteosarcoma. If she's lucky, she'll undergo months of chemotherapy, surgery and be fitted with a prosthetic -- all that medical care could add up to as much as \$400,000. Publicly-funded JMHS has not donated medical care for Laura.

Breakfast

7:00 a.m. - 11:00 a.m.

EGG DISHES

- *2 eggs sunny side up with ham & cheese
- *Scrambled with ham, cheese, onions, green pepper, tomato, mushroom
- *Plain omelettes with ham, cheese, onion, green pepper, tomato, mushroom

All egg dishes are served with a choice of : white or whole wheat baguette or sliced toasted bread.

- *PASTECHI HORNA
- *CRÊPES
- *SWEET CRÊPES
- *BAGEL with cream cheese, smoked salmon, boiled egg

LOCAL BREAKFAST

- *Pan grandi (di rama) or baguette
- *KERRIE-KERRIE (FISH)
- *CONCH
- *FISH EGG
- *SHRIMPS
- *FISH FILLET
- *FISH CAKE
- *CHICKEN SOUP

- *FRUIT SALAD & YOGHURT
- * HOT BEVERAGES
- * COLD BEVERAGES



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The Garden Café welcomes Kawara Social Club for a special holiday celebration



Johnny Laclé and Lourdes Croes

The Mill Resort's Food & Beverage Manager, Johnny Laclé, warmly welcomed eighty members and volunteers of the Kawara Social Club for the elderly for a special brunch celebration of their upcoming holiday, Dia Nacional di Himno y Bandera, or National Flag and Anthem Day.

Bedecked in the colors of the Aruban flag or commemorative shirts, the elderly who gather every Tuesday for field trips and other fun activities under the care of leader Lourdes Croes and her volunteer staff of ten, bellied up to the bar for fresh made omelets and other gourmet treats that are part of The Mill Resort's daily breakfast buffet.

Operating out of Club Caiquetio in Paradera, Kawara offer activities and socializing for the elderly of the area one day a week; 2010 marks their silver anniversary.

"All through the year we have special events planned for our members," explained Lourdes. "We are particularly grateful to Johnny and his staff along with the management of The Mill Resort for being so



accommodating in providing this special day for our group. Some had tried the breakfast buffet here before, and the entire group was so excited and enthusiastic about making it our celebration for Himno y Bandera Day."

A normally attentive Garden Café staff lavished special attention on Karawa group making it a memorable morning, indeed.



Now Open Majesty Jewels



Majesty Jewels at Palm Beach Plaza carries a superb collection of fine jewelry featuring gold, silver, diamonds, and semi-precious and precious stones. Champagne diamonds set in rose gold as well as bold and romantic Ti Sento silver creations make this family-run jewelry boutique especially

worthy of a visit.

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Treat yourself to fun piece of jewelry at Majesty Jewels at Palm Beach Plaza Mall.

Mr. Richard and Mrs. Mary Santosuosso named Goodwill Ambassadors of Aruba

Recently, at the Westin Aruba Resort, Mr. Richard and Mr. Mary Santosuosso were named Goodwill Ambassadors of Aruba. This distinction is bestowed on visitors who have been visiting our island for 20 or more consecutive years.

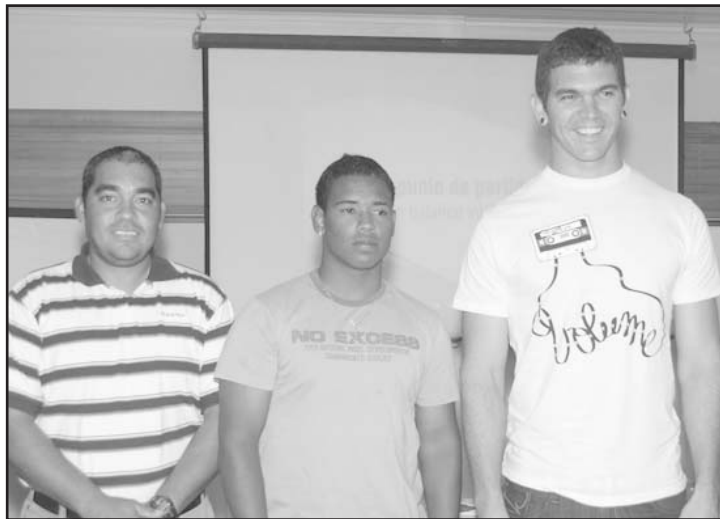
The Santosuossos, from Massachusetts, have been coming here for more than 20 consecutive years, and expressed to be very happy with this honor. The Santosuossos state the main reason for coming here is the peace and tranquility, perfect climate and the company of the staff of Westin Aruba they enjoy during their vacations here.



Aruba Tourism Authority liaison Castro Perez, in name of the government and the people of Aruba, presented them a beautiful certificate as a token

of appreciation for their loyalty towards our island. Also present was Mrs. Zariena Webb, concierge and personnel of Aruba Aruba Westin.

Athletes representing Aruba for the South American Games IX



Recently, Secretary General of the Comité Olímpico Arubano, COA, Nicole Hoevertsz and COA President Roy Mezas introduced the twenty-eight athletes who are now representing their island nation at the South American Games which kicked off today, in Medellin, Colombia. The Games run from March 19 through 30.

Including support crew, representatives of COA, Head of Mission Juelle Thode and Minister of Public Health and Sport, Richard Visser, Aruba's delegation number close to forty-five; but still the smallest presence at the games of the members of the Organización Deportiva Suramericana (ODESUR.)

Aruba is participating in six sport disciplines; swimming, bowling, weightlifting, BMX bicycle racing, synchronized swimming

and Tae Kwon Do. Also traveling to Colombia are Jose "Chaco" Cornelio and Augy Tromp, certified internationally as judges and referee in Tae Kwon Do, along with Roswitha Lopez, a judge of synchronized swimming. These individuals have received personal invitations from ODESUR to contribute their expertise to the games.

Aruba's participating athletes are Shary Albertus, Kamilah Dammers, Thashaina Seraus, Bettiza Koolman, Errol Brown, Nelson Kelly, Laurence Wilming and Jason Odor, competing in bowling, accompanied by coaches Rita and Richard Lopez-Henriquez.

The synchronized swimming team consists of Anouk Eman, Kiara van Trikt, Saskia Franken, Jitva Sarman, Nathifa Sarman, Amanda Maduro, Nathania

Taylor and Nikita Pablo, mentored by Alva Torres.

The swim team consists of Jemal Le Grand, Jordy Groeters, Daniella van den Berg and Ashley Bransford Groeters, with noted coach Ismael Santiesteban.

Weightlifters Jennfier Piter and John Henriquez will be accompanied by Lifetime Honoree Hugo Themen as their coach, and the Tae Kwon Doe team will consist of three male and one female contender, Aischal van der Linde. She joins Stuart Smit, Nigel Ras, John Jairo Maduro and coaches Carlos Hernandez and Choong

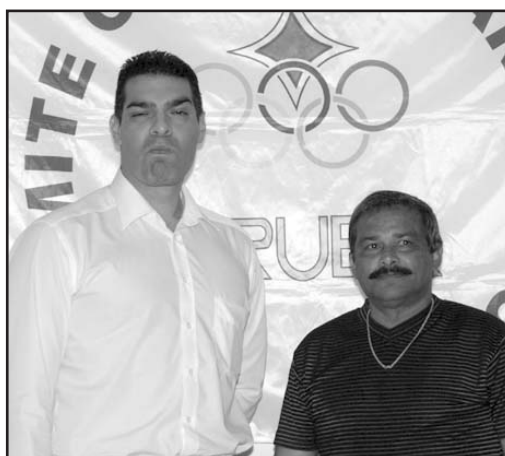
Young Pet in representing her island.

The support team includes Junior Daké of IDEFRE, Aruba's governmental sports administration and its director, Jessy Beukenboom, along with Dr. Guaicaipuro Jimenez and masseur Nolly Becker.

During the "Kick-off" event at the ATIA building on Friday evening, Jessy Beukenboom, as an Aruban official, presented Roy Mezas with the nation's flag, which its athletes will carry and represent during the competitions. Roy, in turn, presented the flag to the Head

of Mission, Juelle Thode. It will be the proud honor of Aruba's BMX bicycling team, consisting of Ishwar Martijn and Jose "Jobert" Reyes with their coach Joseph Everon, to carry their flag during the introductory Parade of Nations that begins the games.

Nicole Hoevertsz, who was inducted into the International Olympic Committee a few years ago, reminded the athletes they carry the hope and pride of their countrymen with them when they compete internationally; she is confident they will do their best and do it honorably.



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Bracketed brothers make tournament a family affair

With one son playing on the East Coast and the other playing out West, Nate Dahlman came up with a game plan to keep the madness out of his March.

He won't attend either game.

Eartha Rigsby, on the other hand, has a different dilemma. Her sons are key players for Vermont and Syracuse, who happen to face each other today in the first round of the NCAA tournament. The way she sees it, her only choice is to sit proudly in the stands and cheer for, well, everyone.

"Everything is a blessing," Rigsby said. "There are no losers here."

The NCAA selection committee has long had a knack for tucking intriguing coaching matchups and long-festering feuds inside the brackets. This year, though, it's all about the strange twists and turns of family.

Rigsby's sons, Kris and Maurice Joseph, will suit up for the Orange and Cata-mounts, who play in Buffalo, N.Y., in a 1 vs. 16 matchup.

Dahlman's sons, Isaiah and Noah, play for Michigan State and Wofford—two teams that couldn't be farther apart when they take the court Friday. Michigan State plays in Spokane, Wash., and Wofford is in Jacksonville, Fla.

Their father, meanwhile, will be in Minneapolis coaching his two daughters, Hannah and Rebekah, when Braham Area High plays Pipestone in the semifinals of the Class 2A girls state tournament.

"Being a coach, my main focus is taking care of the high school team here," Dahlman said. "That's our journey. I'm part of that, as are the girls. The boys are on their journey. I'm rooting for them, of course. But if I don't get to be

part of that, that's OK."

Dahlman has three decades of teaching under his belt in the town of Braham, population 1,655 (The Homemade Pie Capital of Minnesota), that he describes as a one-grocery-store stopover.

"Still no stoplight," Noah Dahlman said. "We're trying to move up in the world."

In the world of basketball, though, the town stands tall.

Braham's Josh Vaughan was a star on the North Dakota State team that made an inspiring run to the tournament last year. There are the Dahlman boys—Isaiah highly recruited and Noah less so, but still leading Wofford at 16.8 points a game. Then, there are the Dahlman girls. Hannah, a junior, could play at a smaller Division I or Division II school while Rebekah, a freshman, is already drawing interest from the Big Ten and elsewhere.

"What's the secret?" Nate Dahlman said. "We work hard. We practice hard. There's not a lot to do except come to the gym and play basketball. It's sort of a Minnesota version of Hoosiers. The kids come to the gym. They all grew up with it since kindergarten."

He says his family lives a simple life. They got rid of the TV when it broke a few years ago and, voila, suddenly found themselves playing games, interacting, talking to each other more. There are two other boys, Jonah and Zachariah. Raising six kids on a teacher's salary doesn't leave lots of room for discretionary spending, and so, the trips to see the boys play are infrequent.

Earlier this season, though, Michigan State coach Tom Izzo put Wofford on the schedule as a way of holding a little family reunion. The Dahlmans piled in the car,

drove 12-13 hours to East Lansing and watched the Spartans win 72-60. Isaiah got the start and scored two points in 12 minutes. Noah started, too, and had 19 points in 26 minutes.

Dad has a sense of what Rigsby and her family can expect when her sons meet in Buffalo.

"They hugged each other at center court, they got announced at the same time," Dahlman said of his boys' game. "There were tears coming down my face. It was very, very special. It's hard to explain that. You really can't put it into words."

Rigsby, who lives in Montreal where, she promises, there's every bit as much youth basketball going on as hockey, said she's been walking around with a smile on her face since the pairings were announced Sunday night.

Almost as soon as that happened, Kris, the younger brother at Syracuse, called Maurice, the older brother at Vermont.

"We were both pretty much going crazy on the phone. No words, just screaming. I don't know how we communicated," Kris Joseph said.

They have not faced each other in a real game with real referees since Kris was 8. Maurice's team won that day. Not surprisingly, Maurice beat up on Kris pretty bad in driveways and playgrounds for years afterward, as well. Every younger brother knows that pain.

"I've got all types of permanent bruises on my body because of him," Kris said.

Then, Kris started growing, and things evened out. He enrolled at Syracuse, where he has averaged 11.3 points and more than five rebounds in his sophomore year. He's this season's Big

East sixth man of the year.

Maurice, meanwhile, started his college career at Michigan State but was looking for a change of scenery and a place where he could play more. So, he sat out a year, then went to Vermont, where he's the second-leading scorer (14.5), and will find himself in a strange position against his younger brother: Playing the role of underdog.

"Maurice was more driven for the love of the game than Kristopher was at a young age," their mother said. "But Kristopher developed into a strong competitor. As the younger brother, you want to do everything your older brother is doing."

Nothing like doing it to-

gether, in the case of the Joseph boys.

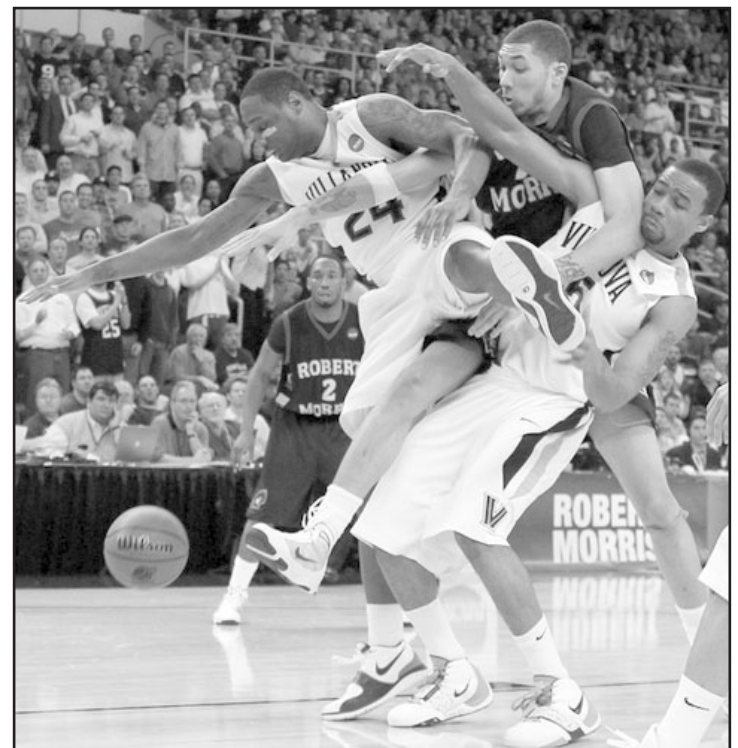
Or doing it apart, in the case of the Dahlmans.

Nate and his daughters will be on the bus Friday at around the time Noah's game—Wofford vs. Wisconsin—reaches full swing. They'll be on the court at about the time Isaiah's game—Michigan State vs. New Mexico State—tips off.

Winners and losers?

"You're probably asking the wrong guy," Dahlman said. "Whatever happens, happens. One thing we know is that the sun always comes up again, no matter what."

All tangled up



Corey Stokes #24 and Maalik Wayns #5 of the Villanova Wildcats fight for the ball with Dallas Green #24 of the Robert Morris Colonials during the first round of the 2010 NCAA men's basketball tournament on March 18, 2010 at the Dunkin Donuts Arena in Providence, Rhode Island. The Villanova Wildcats defeated the Robert Morris Colonials 73-70 in overtime.

March Madness is here! Brief History: Bracketology



The first NCAA men's basketball tournament, held back in 1939, had only eight teams. What a boring bracket. America's obsession with college basketball has helped the tournament, more colloquially known as March Madness, grow into a 65-team sports celebration. Every year die-hard fans and clueless cubicle dwellers alike navigate the maze of March Madness seeding brackets trying to predict the winner in their office pools. Last March, President Obama's bracket received as much scrutiny as his economic policies. The tournament season has grown so mad, in fact, that a cottage industry has sprouted around the so-called science of forecasting which teams will make the cut, an enterprise now known as bracketology.

This term first appeared in 1996, when the Philadelphia

Inquirer noted that Joe Lunardi, a spokesman for St. Joseph's University and a college-hoops junkie, referred to himself as a "bracketologist" when projecting the tournament field. In 2002, ESPN.com featured Lunardi's "bracketology" predictions, and since then the word and Lunardi himself have become as ubiquitous as March presence as inebriated St. Patrick's Day revelers. Dozens of other "experts" have entered the bracketology game, and there's even a website that tracks the performance of the pundits, as if they were evaluating stocks or anything else of consequence.

Bracketology has expanded beyond basketball too. For example, a 2007 book called *The Enlightened Bracketologist: The Final Four of Everything* used the NCAA-tournament format to rank a wide range of minutiae, from cooking tools to hairstyles to animated characters. Bart Simpson outlasts Homer in a stirring first-round matchup, and in the video-game tournament, Tetris beats Zelda to take the title. No upsets there.

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Mayweather, Mosley embrace Olympic-style drug test

NEW YORK —Floyd Mayweather Jr. and welterweight champion Shane Mosley will undergo Olympic-style drug testing for their May 1 fight in Las Vegas, which they hope will set a new standard for boxing.

Representatives of the two fighters joined Travis Tygart of the U.S. Anti-Doping Agency on a conference call Thursday to discuss the program, which is more extensive than the testing that currently falls under the jurisdiction of state athletic commissions.

"This is one of the biggest events I've seen in the sport of boxing, and if this introduces Olympic-style testing to boxing, we not only have delivered a great fight but also leveled the field for athletes," said Richard Schaefer

of Golden Boy Promotions.

Mayweather and Mosley will be subjected to an unlimited number of unannounced blood and urine tests before and after the fight, and the results will be stored so USADA can test them in the future. The samples are screened for all drugs currently banned by the World Anti-Doping Agency, including human growth hormone and designer steroids like THG.

Most state athletic commissions test only urine samples, which Tygart said cannot detect at least four performance-enhancing substances, including HGH.

"For the first time, you have professional athletes in the sport of boxing approaching us to implement an anti-doping program," Tygart

said. "These athletes are courageous in their position and their desire to be held to the most stringent anti-doping standard."

Mayweather's insistence on Olympic-style testing is the primary reason negotiations fell through in January for a fight against pound-for-pound king Manny Pacquiao. Mayweather wanted blood tests up to 14 days before the fight, while Pacquiao claims he feels weak after drawing blood and would not agree to testing within 24 days.

When those negotiations fell apart, Mayweather turned his attention to Mosley.

"With Floyd being the face of boxing, this is something that he has wanted to put forth," said Mayweather's adviser, Leonard Ellerbe.